

#STOKE-ON-TRENTTOGETHER

Vintage Volunteers: Terry Finding Purpose Through Volunteering

Terry was referred to the Vintage Volunteers project after experiencing loneliness and isolation while living alone in a rural area. Limited opportunities to socialise meant he was only seeing a small number of people each week, and he wanted a way to feel more connected and involved in his community.

With support, Terry was matched with a volunteering role at his local library, now a community enterprise. The welcoming team helped him settle in, and he quickly became part of daily life, greeting visitors, organising books, and even taking on responsibility for opening and closing the building.

Since starting his role, Terry has seen a significant improvement in his wellbeing. He feels more motivated, confident, and connected, and describes volunteering as giving him purpose and a sense of belonging. His journey shows how the right opportunity can help people rebuild confidence and reconnect with the world around them.

